



Fit Babe Body Onboarding Checklist

STEP 1: Continuation Form

Complete your continuation form before your continuation coaching call. This will take about 20 minutes to complete.

STEP 2: Continuation Coaching Call

Click here to book your continuation call. You'll be doing this call with TSN Coach Kyndall who is our RD that specializes in macros and exercise.

PS - A few days prior to our 90 Day Fit Babe Body group call kicking off, we'll grant you access to the private group coaching community and send you a calendar invite to join our group coaching calls.